

● = DOES CONTAINS ● = MAY CONTAIN ● = DOES NOT CONTAIN

fresh^oday

HEALTHY SCHOOL MEALS

Please Note: We don't use nuts as ingredients in our facility but due to third party manufactures some items have nuts listed as a may contain allergen. Our chicken and fish may contain bone.

SNACKS	SULPHUR DIOXIDE (SULPHITES)	CEREALS CONTAINING GLUTEN	NUTS (TREE NUTS)	MILK	SESAME	SOYA	MUSTARD	PEANUTS	MOLLUSCS	LUPIN	FISH	EGGS	CRUST-ACEANS	CELERY
• BANANA BREAD														
• CHEERIOS														
• CREAM CRACKERS														
• CRUNCHY BITES														
• DIGESTIVE BISCUIT														
• FLAHAVANS FLAPJACK														
• MINI PRETZEL														
• OREO BISCUIT														
• POPCORN														
• YOGURT RICE CAKE														
• CHOCOLATE RICE CAKE														
• SHREDDIES														
• WHOLEGRAIN BREAD STICKS														
• WHOLEGRAIN PANCAKE														
• MULTI GRAIN HOOPS														
• COCONOT MACAROON														
• PILLOW BITES														
• LEMON SLICE (GLUTEN FREE)														
• CORN SNACKS														
• STRAWBERRY SLICE (GLUTEN FREE)														

CEREALS CONTAINING GLUTEN EXPLAINED



WHEAT



RYE



BARLEY



OATS



DURUM